

JayGee Nachos

Ingredients

- 1 red onion
- 1 tin black beans
- 1 tin refried beans
- 2 tins kidney beans
- 2 tins tomatoes
- 1 packet fajita mix (mild)
- Olive oil (for frying)
- Salted Nachos

For Sides

- Cheddar cheese
- Soured cream

For Salsa

- 1½ avocados
- 3 large tomatoes
- Juice of ½ lime
- Coriander
- Salt and Pepper



Method

1. Fry off the red onion until softened then add the tinned tomatoes.
2. Add all other ingredients less the Nachos and those for the side and salsa.
3. Grate the cheese and place in a separate bowl.
4. Place the soured cream in a separate bowl (or leave in its own container).
5. Chop the tomatoes, avocado and coriander and place in a salad bowl then add the lime juice, season, and mix thoroughly.

Notes

Serves 5-6